

**WHAT'S YOUR MOOD TODAY? HAPPY? SAD? LONELY?  
COME LEARN ABOUT HEALTHY WAYS TO EXPRESS  
THOSE FEELINGS FOR YOU AND YOUR CHILDREN**



**Join** us for the Upcoming **NAMI** event on **July 25th**  
**from 2-4 pm** at the Eastline Community Center.  
**2106 E. Apache Blvd., Tempe.**